

collaborativecare

A look at comprehensive medicine in Ocala, and the seasoned physicians who make it possible.

For 20 years, Marion Heart Associates and Marion Internal Medicine have been serving Marion County and surrounding areas. The longevity of this comprehensive practice is not only a testament to the quality of patient care, but also to the commitment of the treating physicians. Complete with six doctors, each offering specialized knowledge, patient assessment and treatment, this office is not only a thorough medical practice, but a collaborative one as well.

Marion Heart Associates and Marion Internal Medicine is comprised of three primary care physicians, two cardiologists and an endocrinologist, all of whom work together to provide the best care to their patients. It is here that patients have access to primary care, endocrinology, cardiac care and a vein clinic – this proximity allows for patient convenience, and for doctors to analyze diagnostic test reports to ensure proper diagnoses and treatment plans. With these in-house diagnostic tools, phy-

sicians are able to detect and treat diseases early, often before progression.

All physicians bring a level of knowledge, expertise and patient commitment to create this all-encompassing practice: Dr. Manoranjan Singh, Board Certified in Cardiology, Cardiovascular Disease and Nuclear Medicine; Dr. Bindeshwari Sinha, Board Certified in Internal Medicine; Dr. Jaskaran Bedi, Board Certified in Internal Medicine and Geriatrics; Dr. Josef Vesely, Board Certified in Endocrinology, Diabetes and Metabolism; and Dr. Premranjan Singh, Interventional Cardiologists.

The newest member of the Marion Heart Associates and Marion Internal Medicine team is Dr. Kriti Kumari. Dr. Kumari is Board Certified in Internal Medicine, and received her training from Lahey Clinic in Massachusetts, where she received outstanding accolades. Dr. Kumari's specialty is in using nerve conduction study equipment for diagnosing carpal tunnel syndrome,

nerve entrapment and various other nerve conditions. Dr. Kumari speaks to the continuity of patient care at the clinic in addition to the all-inclusive attribute of the practice:

"You don't need to send patients off site for simple tests," says Dr. Kumari, "you can get everything right here."

Dr. Kumari's fresh perspective and passion for medicine is sure to bring new technologies and specialties to what is already an extensive practice.

The physicians at Marion Heart Associates and Marion Internal Medicine demonstrate multi-disciplinary knowledge and cutting edge medicine. This degree of care is offered to patients through on-site testing and physician availability.

Dr. Jaskaran Bedi, speaks to the convenient, comprehensive care of his practice: "This practice is nice because we have everything under one roof," he says.

From vascular ultrasounds and stress tests to glucose monitoring and thyroid

scans, the vast number of tests offered at this local office are both accessible and sophisticated.

However, that is not the only thing that makes this practice unique. At Marion Heart Associates and Marion Internal Medicine, physicians treat their patients at all three area hospitals – Munroe Regional, Ocala Regional and West Marion, in addition to treating some patients at area nursing homes.

Yet, in addition to discussing varied tests and treatment options, the physicians collectively advocate for preventative medicine, by promoting healthy lifestyles. As the doctors first hope to prevent diseases – rather than treating them.

"We take pride that we are the best in the business – but we want to go one step further, and this is what makes us different," says Dr. Bindeshwari Sinha, "We want to prevent the diseases."

Dr. Sinha and his fellow physicians advocate for positive, healthy lifestyles.

"Preventative medicine is what we want to emphasize to all the people who we see and who we don't see in the community."

He encourages people to be proactive and take the right steps towards positive health - mammography's, vaccines, cholesterol, blood pressure screening, exercise, and healthy diets.

Together, the team at Marion Heart Associates and Marion Internal Medicine

embody many things. From extensive knowledge in diabetes and preventative medicine, to performing heart catheterizations through the wrist, the expertise at this local practice is as vast as the services they perform. However, despite their differences, Dr. Sinha notes one objective that is identical: "We are happy to know that you are healthy."

Dr. Prem Singh, MD, Heart and Vascular Institute of Central Florida (www.heartcfl.com) is also located in the same building. He is an interventional cardiologist who uses the wrist for heart catheterizations. This procedure is less painful than the groin based catheterization, and that helps make for a fast recovery. His expertise involves treatment of heart and vascular disease in diabetes, cardiac catheterization using wrist artery, cardiac angioplasty/stenting, angiography, peripheral artery angioplasty, and diagnosis and treatment of venous diseases and clotting disorders. Dr. Prem Singh is Certified Board of Cardiology/Cardiovascular Disease, Certified Board of Nuclear Cardiology (CBNC), Certified Board of Echocardiography (ASE), Certified Board of Vascular Medicine (ABVM), Certified Board of Endovascular Medicine (ABVM), and American Board of Internal Medicine Certified (ABIM).

Satellite locations at Timberidge and Summerfield give patients convenient

access to their doctors as well. To add to that accessibility, their Ocala location is currently expanding to further tailor to patients. With an additional 10,000 square feet of office space, Marion Heart Associates and Marion Internal Medicine will soon house the Heart and Vascular Institute of Central Florida. This addition will allow for more space to accommodate new physicians, more diagnostic tools and an on-site vein clinic.

for information

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