

Name: _____ Date: _____

DOB: _____ Phone #: _____

Peripheral Arterial Disease (PAD) is a common circulation problem in which the blood vessels that carry blood to the legs and arms become narrow or clogged. PAD is an under diagnosed condition that affects more than 8 million Americans.

Circle “Yes” or “NO” to the following questions

1. When you walk or exercise do you experience any aching, cramping, or pain in your arms, legs, thigh or buttocks? YES NO
2. Do you experience pain in your legs at night? YES NO
3. Have you had surgery, balloon procedures, or stents to any blood vessels other than your heart? YES NO
4. Have you had any blockages in the arteries in your heart? YES NO
5. Do you have any painful sores or ulcers on your legs or feet that aren’t healing? YES NO

Varicose Veins affect 25% of Woman and 18% of Men. Varicose veins occur when a vein becomes distended or swollen and the valves that move blood to the heart cannot close properly and start to leak which leads to bulging of the vein. Untreated Varicose veins can cause chronic venous insufficiency and leg ulcers.

Circle “Yes” or “NO” to the following questions

- | | | |
|--------------------------------------|--------|------------|
| 1. Unsightly veins in legs? | YES NO | Right/Left |
| 2. Aches and pains in your legs? | YES NO | Right/Left |
| 3. Heaviness or tired legs? | YES NO | Right/Left |
| 4. Swollen ankles? | YES NO | Right/Left |
| 5. Itching in your legs? | YES NO | Right/Left |
| 6. Night Cramps in your legs? | YES NO | Right/Left |
| 7. Bleeding from veins in your legs? | YES NO | Right/Left |
| 8. Discoloration in your legs? | YES NO | Right/Left |
| 9. Dermatitis (Eczema) on your legs? | YES NO | Right/Left |
| 10. Ulceration in legs? | YES NO | Right/Left |

Please circle any previous vein treatment: Compressive Stockings: Pantyhose, Thigh Highs, Knee Highs, Sclerotherapy (Injections), Laser or Vein Stripping.